## **Psalm 46**

#### 3 Outcomes of God's Presence to Strengthen Your Trust in Him

# 1. God's Presence Gives Courage in Adversity (vv. 1-3)

#### 2. God's Presence Gives Confidence Under Attack (vv. 4-7)

3. God's Presence Gives Certainty for the Future (vv. 8-11)

## **Application of Psalm 46**

- 1. Are you fearful of adversity (now or in the future)? If so, it is important to repent and ask God to help you trust Him.
- 2. When you face challenges do you tend to run from God or to God? Remember, God is very easy to find in trouble
- 3. Reflect back on the past and how God has been present and helped you through challenges, thank Him for His help in the past and confidence He will help you in the present and future
- 4. Are there any circumstances in your life that you need to just follow God's words "Be still and know that I am God"?
- 5. In this psalm how is God described? Some are obvious (e.g. refuge), but go deeper to think about how He is described (e.g. He is powerful if His word will cause the earth to melt v. 6)
- 6. Is there someone you can encourage this week with this psalm?
- 7. Memorise 46:1 or 46:7, 11

Reading for the week: Reread Psalm 46 each day this week.

# **Sermon Notes for Children (or Children at Heart)**

| Date           |                          |                                  | 1 as     | tor        |                         |                  |  |
|----------------|--------------------------|----------------------------------|----------|------------|-------------------------|------------------|--|
| Book           | Sermon Main Points       |                                  |          |            | Other Bible References: |                  |  |
|                | 30                       | f God's                          | to       |            |                         |                  |  |
| Chapter        | Your in Him              |                                  |          |            |                         |                  |  |
|                | God'sAdversity (vv       |                                  | in       |            |                         |                  |  |
| <u>Verses</u>  |                          | God's Gives Under Attack (vv. 4) |          |            |                         |                  |  |
|                | God's<br>Future (vv      |                                  | for      | the        |                         |                  |  |
| Words you hea  | ard during the seri      | mon (tally eac                   | ch time) |            |                         |                  |  |
| God/Father     | Bible/Scripture/<br>Word | Adversity                        | Attack   | Confidence | Future                  | Present/Presence |  |
|                |                          |                                  |          |            |                         |                  |  |
|                |                          |                                  |          |            |                         |                  |  |
|                |                          |                                  |          |            |                         |                  |  |
| What is the me | essage about?            |                                  |          |            |                         |                  |  |
| How can you o  | do this?                 |                                  |          |            |                         |                  |  |
| What/who can   | you pray for?            |                                  |          |            |                         |                  |  |
|                |                          | ssage:                           |          |            |                         |                  |  |