#### **WGC Church Reopening Announcement:**

We look forward to begin Sunday worship gatherings next Sunday, May 24, 2020.

Because churches have cooperated with health guidelines, we are being included in the first phase of business reopening.

We have been given clear guidelines we are choosing to cooperate with in the expectation we will eventually be able to return to less stringent measures in the weeks ahead.

Phase one: Maximum attendance of 50 in the building.

No Sunday School or nursery.

No food or beverages served.

Minimal use of washrooms.

Maintain physical distancing with everyone outside of your household family. No handshakes or hugs.

Stay in your vehicle until we are ready to invite you in for the second service.

Entrance to the building will be at our main doors, and exit will be the doors where the stairs are on the south side of the foyer. Hand sanitizer must be used upon entering and exiting the building.

According to the regulations, no singing is allowed in these public gatherings.

We may call on you ahead of time to be available to assist with sanitizing and set up for the second service following the first service.

#### **Our Plans:**

We will be having two Sunday morning gatherings at 9:30am & 11:30am.

Both gatherings will have the same format with communion being part of each gathering. We are putting plans in place to facilitate the distribution of the bread and juice in a safe manner.

There will be selections of music projected over the sound system as part of our gatherings for your worshipful meditation (**no singing**).

Seating will be spaced out in the sanctuary. We will be sitting at tables to remind us of our proximity to one another. If it assists your young children, you may bring quite table-top activities with you from home.

Only attend if you are feeling well and have none of the self-check symptoms. Please also consider your own health risks in your anticipation of attending.

A diaper changing station will be available if needed. If you use it you will be responsible for cleaning and sanitizing it afterwards.

**Most importantly**, in order for us to avoid turning people away on a Sunday morning, you will need to preregister by email or phone from Thursday, 9am to Friday by 1:00 pm each week. Expect a confirmation of your registration, via email if you emailed or phone if you phoned in and left a message. As attendance requests may increase, we will be looking at adding additional Sunday gatherings as required.

With the provision of gathering together, we will be discontinuing the videoing of the Sunday music and sermon and will return to posting only the audio version of the Sunday message on the church website.

\*The following pages are the complete guildelines for places of worship the government of Alberta has set out. Please read them.\*

### PREVENT THE SPREAD OF CORONAVIRUS

You can help prevent the spread of COVID-19 in Alberta. Prevention starts with awareness.

- Practice physical distancing
- Self-isolate if you're feeling sick
- Wash your hands frequently
- Cover coughs and sneezes
- · Avoid touching your face
- Do not travel outside of Canada

# PRACTICE PHYSICAL DISTANCING

All Albertans have a responsibility to help prevent the spread of COVID-19. Take steps to protect yourself and others:

- Limit the number of times you leave your home
- Stay at least 2 meters away from others when you go out for groceries, medical trips, and other essential needs
- Have groceries or other items delivered if possible
- If you go outside for fresh air maintain 2 meters distance from others
- Avoid overcrowding in elevators and other enclosed spaces
- Wash your hands after touching communal surfaces such as handrails, handles
- Postpone family visits, friend gatherings, and group outings, especially if household or family members are senior citizens or have high-risk medical conditions
- Do not gather with other people if you have a fever or a cough, even if symptoms appear to be mild.
- Obey all mandatory self-isolation requirements and mass gathering restrictions now in place in Alberta.

Legally enforceable public health measures are in place to limit the time Albertans spend in contact with each other. Anyone violating these restrictions is now subject to fines.

## MONITOR YOUR SYMPTOMS

COVID-19 symptoms are similar to influenza and other respiratory illnesses. Symptoms can include:

- cough
- fever
- shortness of breath
- runny nose
- sore throat

If you have any of these symptoms stay home and self-isolate; do not go to an ER or medical clinic. **Call Health Link at 8-1-1 for more information**. Services are available in 240 languages.

### **SELF ISOLATE**

You are legally required to self-isolate for:

- 14 days if you returned from international travel or are a close contact of a person with COVID-19
- 10 days if you have a cough, fever, shortness of breath, runny nose, or sore throat that is not related to a pre-existing illness or health condition

If you are self-isolating:

- Stay home do not go to work, social events or any other public areas or community settings
- Avoid close contact with other people, including household members but especially seniors and people with chronic conditions or compromised immune systems
- Do not use public transportation or ride sharing
- Do not go for walks in public places. This includes children in mandatory self-isolation.
- If you go outside, you must remain on private property not accessible by others.
- If you live in an apartment building or high-rise, you must stay inside and cannot use the elevators or stairwells. If your balcony is private and at least 2 metres away from other balconies, you may use your balcony to get fresh air.

