

## **With Christ at the Crossroads**

### Discouragement

Discouragement is a part of all of our lives. From the life of Jesus, here are 5 ways that we can deal with it.

1) John 16:17-22

We need to keep reminding ourselves of the bigger picture – of our part in eternity – when everything seems to be going wrong.

2) Luke 22:39-44

We need to be spending time with God

3) Matthew 26:36-38

We need to be supportive of, and supported by, the body of Christ.

4) John 9:4a

We need to get at the job.

5) Matthew 14:6-14

We need to be thinking of others, not just ourselves.

Then we'll be able to stand, at the crossroad of discouragement.